BREAKFAST MAIN COURSES

All breakfast entrées include juice (orange, apple, cranberry)

potatoes or grits, whole wheat biscuit, croissant or cinnamon raisin bread.

(Egg substitute available upon request.)

Continental Breakfast \$8.75

Served with a choice of Kellogg's brand cereal or hot steel cut oatmeal with golden raisins and brown sugar, fresh fruit selection, strawberry Greek yogurt, and choice of a whole wheat biscuit, croissant or cinnamon raisin bread.

Classic Railroad French Toast\$9.50

Traditional thick slices of egg batter dipped toast, griddled to a golden brown, dusted with powdered sugar and served with syrup and fruit topping.

* Chef's Good Morning Special \$10.75

Ask your server for a description of today's marketplace special.

* Omelet Selection...... \$11.25

Freshly made three egg omelet served plain, topped with cheese, or filled with today's fresh vegetable filling or with both. Served with grits or roasted Yukon potatoes, whole wheat biscuit, croissant or cinnamon raisin bread.

SIDES

Selections \$3.00

Smoked bacon strips, pork sausage patties or chicken apple-maple sausage patties.

Sugar free jelly, sugar free breakfast syrup and plain soy milk are available upon request.

All fresh eggs are pasteurized and sourced from cage free suppliers.

LUNCH MAIN COURSES

All lunch entrées include coffee, tea or milk.

	Vegetarian Entrée Apple &		
-	Bleu Cheese Salad	10-	
WINDS STREET, SALES STREET, SA	Granny Smith apples, toasted walnuts, red onion and crumbled bleu cheese on crisp romaine lettuce. Served with a choice of dressing and a roll. (Available with three bacon strips for an additional \$3.00.)		
Name of the last	Chipotle Black Bean & Corn		
Shanna	Veggie Burger	. \$9.75	
	·icad full flavored veggie burger,		
	with or without cheese on a sesame		
	bun with lettuce, tomato, red onion, dill pickle and kettle chips.		
	Angus Steak Burger	\$9.75	١
	Grilled Angus beef chuck burger, served with or without cheese on a sesame bun with lettuce,		١
	tomato, red onion, dill pickle and kettle chips.		١
	(Available with two smoked bacon strips for		١
	an additional \$2.00.)		
	Specialty Sandwich	\$9.75	
	Specialty Sandwich	\$9.75	
	Cubano sandwich of warm grilled roast pork, ham, Swiss cheese and mustard on a baguette.	\$9.75	1
	Cubano sandwich of warm grilled roast pork, ham, Swiss cheese and mustard on a baguette. Served with kettle chips and garnishedwith	\$9.75	1
	Cubano sandwich of warm grilled roast pork, ham, Swiss cheese and mustard on a baguette.	\$9.75	
	Cubano sandwich of warm grilled roast pork, ham, Swiss cheese and mustard on a baguette. Served with kettle chips and garnishedwith lettuce, tomato and dill pickle.		
	Cubano sandwich of warm grilled roast pork, ham, Swiss cheese and mustard on a baguette. Served with kettle chips and garnishedwith lettuce, tomato and dill pickle. Soup & Salad Combo		
	Cubano sandwich of warm grilled roast pork, ham, Swiss cheese and mustard on a baguette. Served with kettle chips and garnishedwith lettuce, tomato and dill pickle. Soup & Salad Combo		
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	Cubano sandwich of warm grilled roast pork, ham, Swiss cheese and mustard on a baguette. Served with kettle chips and garnishedwith lettuce, tomato and dill pickle. Soup & Salad Combo Classic Manhattan-style tomato base clam chowder, served with a small garden salad, choice of dressing and a roll.	\$10.75	
	Cubano sandwich of warm grilled roast pork, ham, Swiss cheese and mustard on a baguette. Served with kettle chips and garnishedwith lettuce, tomato and dill pickle. Soup & Salad Combo Classic Manhattan-style tomato base clam chowder, served with a small garden salad, choice of dressing and a roll. Chef's Marketplace Special	\$10.75	
	Cubano sandwich of warm grilled roast pork, ham, Swiss cheese and mustard on a baguette. Served with kettle chips and garnishedwith lettuce, tomato and dill pickle. Soup & Salad Combo Classic Manhattan-style tomato base clam chowder, served with a small garden salad, choice of dressing and a roll. Chef's Marketplace Special	\$10.75	
	Cubano sandwich of warm grilled roast pork, ham, Swiss cheese and mustard on a baguette. Served with kettle chips and garnishedwith lettuce, tomato and dill pickle. Soup & Salad Combo Classic Manhattan-style tomato base clam chowder, served with a small garden salad, choice of dressing and a roll. Chef's Marketplace Special Today's selection will be described by your server, accompanied by a small garden	\$10.75	
	Cubano sandwich of warm grilled roast pork, ham, Swiss cheese and mustard on a baguette. Served with kettle chips and garnishedwith lettuce, tomato and dill pickle. Soup & Salad Combo Classic Manhattan-style tomato base clam chowder, served with a small garden salad, choice of dressing and a roll. Chef's Marketplace Special	\$10.75	

^{*} FDA Consumer Advisory: Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

DINNER MAIN COURSES

All dinner entrées include a small salad with choice of dressing, dinner roll and coffee, tea or milk.

ceak	\$25.75
* The Amtrak Signature Steak* * The Amtrak Signature Steak * The Amtrak Signature Steak	
a wall marbled blues of the and cooked to	
iron steak, griffed to F	
order. Served with our signature for order. Served with our signature for a forest Mushroom Sauce, accompanied by a forest Mus	
Forest Mushroom Sauce, accompany to the sauce available, please ask	
modley. Alternate sauce and (A glass of eith	ier
Server for today's selection (1986) Server Sauvignon or Merlot would be the server Sauvignon or American classic.)	
American classic.)	

romplement to this American classic.)

Linguini with Peppers	\$16.00
Linguini With Peppers	
th gweet peppers, onion, gariic	
Atomato sauce, topped willi parificant	
A served with a vegetable medley.	

Herb Rudsted Half Chicken	\$10.75
half chicken, served with four grain	
mile and vegetable medley. (Consider ennuncing	
this many choice with a glass of crisp Chardonnay.)	

Healthy Option, Light Entrée.....\$16.75

A healthy and flavorful menu option that is both light and balanced for those watching calories, fat and salt intake. Today's choice features a pork tenderloin with mustard sauce, bulger wheat pilaf and creamed spinach. (This entrée contains less than 500 calories of which 30% or less is derived from fat, and has a sodium content of no more than 600 mg.)

*Chef's Evening Marketplace Special \$19.75

Wood-smoked pork ribs, slow-cooked and spice rubbed then topped with mesquite BBQ sauce. Served with garlic mashed potatoes and a vegetable medley. (Enjoy this dish with one of our fine vineyard selections.)

*Griddle-Seared Tilapia Fillet...... \$23.25

Cooked to order tilapia fillet with fire-roasted red bell pepper sauce. Served with four grain rice pilaf and vegetable medley. (This main course will harmonize admirably with our food-friendly, chilled Pinot Grigio.)

Occasionally, verbal substitutions may be offered instead of printed menu selections.

DESSERTS	
No Sugar Added Vanilla Pudding	11
Designed to appeal to those seeking a gluten-free, light calorie dessert.	
Haagen-Dazs Ice Cream & Sorbet \$3.75	
Selections include vanilla bean ice cream or raspberry sorbet.	
Specialties	
or a New York cheesecake with fruit topping.	
CHILDREN'S MENU	
(Available for children 12 and under.)	
All entrées include juice (orange, apple, cranberry) and mil Please note that children may order any item from the regu	k.
dining car menu at the regular menu price.	
BREAKFAST	
* Scrambled Eggs	5.75
Freshly scrambled eggs served with breakfast potatoes or	
grits, warm whole wheat biscuit, croissant or cinnamon raisin bread.	
Railroad French Toast	4.75
Traditional thick slice of egg batter dipped toast,	
griddled to a golden brown, dusted with powdered sugar and served with syrup and fruit topping.	
Sides	61.50
Pork or Chicken apple-maple sausage – One Patty	
Dacon – Two strips	32.00
LUNCH/DINNER	
Hebrew National Hot Dog	\$7.00
Served with kettle chips.	
Griddled Cheddar Cheese Sandwich	\$7.00
Lunch – Served with kettle chips.	
Dinner - Served with mashed potatoes and vegetable.	
Pizza	\$7.00
Choice of cheese or pepperoni.	
Breaded Chicken Breast Tenders	\$7.00
Lunch – Served with kettle chips.	\$1.00
Dinner – Served with a small salad, choice of	
dressing, mashed potatoes and vegetable.	
Vraft Masaroni and Chaosa	\$7.00
Kraft Macaroni and Cheese	\$1.00
Dinner – Served with a small salad, choice of	
dressing, vegetable and a roll.	
dressing, vegetable and a ron.	

2011 BEACKWRES

Regular or diet sodas	72.23	
Bottled Water	\$2.25	

ALCOHOLIC BEVERAGES COCKTAILS*

Premium Spirits and Cocktails \$7.00

Spirits – Canadian Club Blended Whiskey, Jack Daniel's Black Label, Dewar's Scotch, Absolut Vodka, Beefeater Gin, Bacardi Rum

Cordials - Bailey's Irish Cream, Courvoisier Cognac, Kahlua

Mixers – Club Soda, Tonic Water, Ginger Ale, Bloody Mary Mix, Orange Juice

COLD BEER*

Ask your server about today's selections.

Domestic	\$5.25
Import	\$6.25
Regional Craft	\$7.00

WINES*

Ask your server about today's selections.

Single Serving	\$6.00
Half Bottle	\$15.00

*Note that alcoholic beverages are available as an extra purchase and are not included in first class meal packages.

Prices are in U.S. currency and include all taxes. Amtrak accepts major payment cards. Gratuity is at the passenger's discretion. Water served upon request.





If you paid by cash or payment card and did not receive a receipt, your purchase is complimentary.



