

MENUO

AMTRAK

Enjoy the journey.™

BREAKFAST MAIN COURSES

All breakfast entrées include juice (orange, apple, cranberry) and coffee, tea or milk.

* Scrambled Eggs \$7.50

Freshly scrambled eggs offered with breakfast potatoes or grits, whole wheat biscuit, croissant or cinnamon raisin bread. (Egg substitute available upon request.)

Continental Breakfast \$8.75

Served with a choice of Kellogg's brand cereal or hot steel cut oatmeal with golden raisins and brown sugar, fresh fruit selection, strawberry Greek yogurt, and choice of a whole wheat biscuit, croissant or cinnamon raisin bread.

Classic Railroad French Toast\$9.50

Traditional thick slices of egg batter dipped toast, griddled to a golden brown, dusted with powdered sugar and served with syrup and fruit topping.

* Chef's Good Morning Special \$10.75

Ask your server for a description of today's marketplace special.

* Omelet Selection...... \$11.25

Freshly made three egg omelet served plain, topped with cheese, or filled with today's fresh vegetable filling or with both. Served with grits or roasted Yukon potatoes, whole wheat biscuit, croissant or cinnamon raisin bread.

SIDES

Selections \$3.00

Smoked bacon strips, pork sausage patties or chicken apple-maple sausage patties.

Sugar free jelly, sugar free breakfast syrup and plain soy milk are available upon request.

All fresh eggs are pasteurized and sourced from cage free suppliers.

LUNCHMAIN COURSES

All lunch entrées include coffee, tea or milk.

Vegetarian Entrée Apple & Bleu Cheese Salad	\$8.75	
Chipotle Black Bean & Corn Veggie Burger A spiced, full flavored veggie burger, served with or without cheese on a sesame bun with lettuce, tomato, red onion, dill pickle and kettle chips.	\$9.75	
Angus Steak Burger Grilled Angus beef chuck burger, served with or without cheese on a sesame bun with lettuce, tomato, red onion, dill pickle and kettle chips. (Available with two smoked bacon strips for an additional \$2.00.)	\$9.75	
Specialty Sandwich	\$9.75	
Classic Manhattan-style tomato base clam chowder, served with a small garden salad, choice of dressing and a roll.	\$10.75	
Today's selection will be described by your server, accompanied by a small garden salad, choice of dressing and a roll.	\$12.50	D

^{*} FDA Consumer Advisory: Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

DINNERMAIN COURSES

All dinner entrées include a small salad with choice of dressing, dinner roll and coffee, tea or milk.

* The Amtrak Signature Steak.....\$25.75

A well marbled Black Angus USDA Choice flat iron steak, grilled to perfection and cooked to order. Served with our signature Morel Wild Forest Mushroom Sauce, accompanied by a baked potato with sour cream and vegetable medley. Alternate sauce available, please ask your server for today's selection. (A glass of either Cabernet Sauvignon or Merlot would be the perfect complement to this American classic.)

Vegetarian Linguini with Peppers.....\$16.00

Linguini pasta with sweet peppers, onion, garlic and spiced tomato sauce, topped with parmesan cheese and served with a vegetable medley.

Herb Roasted Half Chicken \$16.75

Herb roasted half chicken, served with four grain rice pilaf and vegetable medley. (Consider enhancing this menu choice with a glass of crisp Chardonnay.)

Healthy Option, Light Entrée.....\$16.75

A healthy and flavorful menu option that is both light and balanced for those watching calories, fat and salt intake. Today's choice features a pork tenderloin with mustard sauce, bulger wheat pilaf and creamed spinach. (This entrée contains less than 500 calories of which 30% or less is derived from fat, and has a sodium content of no more than 600 mg.)

*Chef's Evening Marketplace Special \$19.75

Wood-smoked pork ribs, slow-cooked and spice rubbed then topped with mesquite BBQ sauce. Served with garlic mashed potatoes and a vegetable medley. (Enjoy this dish with one of our fine vineyard selections.)

* Griddle-Seared Tilapia Fillet...... \$23.25

Cooked to order tilapia fillet with fire-roasted red bell pepper sauce. Served with four grain rice pilaf and vegetable medley. (This main course will harmonize admirably with our food-friendly, chilled Pinot Grigio.)

Occasionally, verbal substitutions may be offered instead of printed menu selections.

DESSERTS

No Sugar Added Vanilla Pudding Designed to appeal to those seeking a gluten-free, light calorie dessert.	\$2.50
Haagen-Dazs Ice Cream & Sorbet	
Specialties	\$6.00

CHILDREN'S MENU

(Available for children 12 and under.)
All entrées include juice (orange, apple, cranberry) and milk.
Please note that children may order any item from the regular
dining car menu at the regular menu price.

BREAKFAST

	* Scrambled Eggs Freshly scrambled eggs served with breakfast potatoes or grits, warm whole wheat biscuit, croissant or cinnamon raisin bread.	\$3.75
	Railroad French Toast	\$4.75
	Sides Pork or Chicken apple-maple sausage – One Patty Bacon – Two Strips LUNCH/DINNER	
	Hebrew National Hot Dog Served with kettle chips.	\$7.00
	Griddled Cheddar Cheese Sandwich	\$7.00
	Pizza	\$7.00
	Breaded Chicken Breast Tenders Lunch – Served with kettle chips. Dinner – Served with a small salad, choice of dressing, mashed potatoes and vegetable.	\$7.00
H	Kraft Macaroni and Cheese Lunch – Served with a roll.	\$7.00

Dinner – Served with a small salad, choice of dressing, vegetable and a roll.

SOFT BEVERAGES

Pepsi Soft Drinks\$2.25 Regular or diet sodas Bottled Water..... \$2.25

ALCOHOLIC BEVERAGES COCKTAILS*

Premium Spirits and Cocktails \$7.00

Spirits - Canadian Club Blended Whiskey, Jack Daniel's Black Label, Dewar's Scotch, Absolut Vodka, Beefeater Gin, Bacardi Rum

Cordials - Bailey's Irish Cream, Courvoisier Cognac, Kahlua

Mixers - Club Soda, Tonic Water, Ginger Ale, Bloody Mary Mix, Orange Juice

COLD BEER*

Ask your server about today's selections.

Domestic	\$5.25
Import	\$6.25
Regional Craft	\$7.00

WINES*

Ask your server about today's selections.

Single Serving	. \$6.00
Half Bottle	\$15.00

^{*}Note that alcoholic beverages are available as an extra purchase and are not included in first class meal packages.

Prices are in U.S. currency and include all taxes. Amtrak accepts major payment cards. Gratuity is at the passenger's discretion. Water served upon request.







If you paid by cash or payment card and did not receive a receipt, your purchase is complimentary.



