



Reflections

Crystal Symphony • Cruise 2221, No. 1

Wednesday, September 5, 2012
Dover, England
Depart: 6:00pm
Sunrise: 6:27am • Sunset: 7:33pm

Welcome Aboard Crystal Symphony For Our "Icelandic Adventure" Cruise London/Dover, England, to New York City, New York, USA September 5 – September 19, 2012



Evening Dress Code: **Casual**

Ladies: Blouse & pants, casual dress, pantsuit
Gentlemen: Long/short-sleeved shirt & slacks

Important Notices

Emergency Muster

A mandatory Emergency Muster for all guests is held **today, Wednesday, September 5, at 5:00pm**. Your Lifeboat Station is marked inside your stateroom door and on your Guest Identification Keycard. Please watch the safety video featured on Channel 27 on your stateroom television. The safety video is shown in the following languages:

German	Ch. 33
Spanish	Ch. 28
Portuguese	Ch. 29
Japanese	Ch. 36
Mandarin	Ch. 35
Cantonese	Ch. 34

Delayed Luggage Service

If you had any delay receiving your luggage either at the airport or on board, or if luggage has been misdelivered to your room, please contact the Concierge at the Concierge Desk, open 12 Noon to 7:30pm, Crystal Deck 5 Midship.

For Your Protection

In order to maintain our high level of sanitary conditions and in accordance with Crystal Cruises' health regulations, all guests are reminded to wash their hands often & especially before meals. Hand-sanitizers are available at all dining locations throughout the ship.

Please be advised that the **Electronic TV Guide** is on Channel 53. Please see inside for complete TV Channel listing.

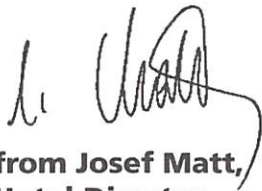
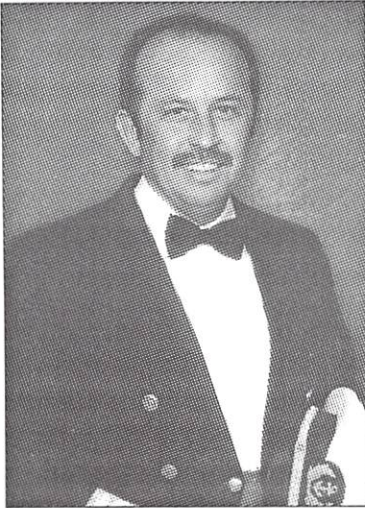
See Insert for Complete Itinerary

Also Inside: Safety information from Captain Ralf Zander, important welcome aboard information and details about this evening's entertainment.

Welcome Aboard Showtime

Join Cruise Director Paul McFarland for tonight's showtime at **8:00pm** in the Galaxy Lounge, featuring The Crystal Ensemble of Singers and Dancers and Dance Team Adam Kent & Patricia Kent.

Hello and Welcome Aboard Crystal Symphony



from Josef Matt,
Hotel Director

Please consult your green Stateroom Directory binder for complete information on the ship's dining and room service options, bars & lounges, activities and entertainment possibilities, services, general information and telephone guide.

I am extremely pleased to welcome you aboard the luxurious Crystal Symphony. All of us on board sincerely hope that the elegance and charm of our ship, along with the pleasant nature of our staff and crew, will provide you with a vacation experience unlike any other. We want you to know that every member of our staff and crew has but one goal: to ensure that you have the best cruise ever.

As you look around your stateroom, you will find a variety of amenities which are meant to make your stay more enjoyable. They include two hair dryers, a makeup mirror, a mini-refrigerator, a television with DVD player and remote control, a plush robe for use in the comfort of your room, a hydraulically-lifted coffee/dining table, plus expanded closet and drawer space for your convenience. The **Crystal Symphony Directory** is the green binder in your stateroom. This directory is designed to tell you everything you need to know about the ship and its facilities; it also includes information about how you can purchase any of our in-room amenities, should you be interested.

The key word to describe the onboard experience we offer our guests is "choices." For example, you will find that you have a wide variety of dining options aboard Crystal Symphony. Our main dining room, the **Crystal Dining Room**, is located on Crystal Deck 5. Here you will find a diverse array of first-class dishes for breakfast, lunch and dinner. The Crystal Dining Room also features one of the most extensive wine lists afloat.

Another choice is the option of enjoying your evening in one of our three specialty dinner restaurants: **Prego** offering fine Italian fare, **Silk Road** features the renowned Asian cuisine of Nobu Matsuhisa and **The Sushi Bar** offers world-famous sushi by Nobu. Reservations are required for Prego and Silk Road restaurants (The Sushi Bar is first-come, first-served), all located on Tiffany Deck 6 Aft. Yet another option is offered on select evenings during the cruise: casual dining in the **Lido Café** on Lido Deck 11; please refer to the back page of *Reflections* for days and times.

If you prefer to dine in the privacy of your own stateroom, we also offer 24-hour Room Service. With all these dining choices, you will probably find that your biggest decision each day will be where to savor your meals!

Crystal Symphony also features an extensive activities program. You may choose the world-class entertainment in one of our lounges, an informative **Crystal Visions Enrichment Program** lecture featuring a noted personality or expert speaker, or an engaging class as part of our new **Creative Learning Institute**. For those who like to shop, **Avenue of the Stars** is home to three beautiful boutiques: **Apropos**, **Crystal Collection** and **Facets**. For the fitness-minded, we offer the spacious **Crystal Spa & Salon**. If Lady Luck calls to you, visit our **Crystal Casino**. Or, you may choose a recent film release at our **Hollywood Theatre**. And, to remember your time on board Crystal Symphony, our professional photographers from Paragon Pixels take pictures at various times throughout the cruise, including formal portraits. Our daily newspaper, *Reflections*, informs you of all the activities and special events offered each day. As always, the choice is yours.

All of us on board Crystal Symphony want to make this a memorable experience for you. Should you find you need anything, please do not hesitate to ask any member of our staff. That's the spirit behind the "Crystal Attitude." If we haven't provided you with something, let us know. Like you, our friendly staff and crew have chosen the "Crystal Family." Your satisfaction is our first priority.

Again, welcome to the Crystal Age and to Crystal Symphony. Enjoy.



Crystal Adventures Shore Excursions



Crystal Cruises' Shore Excursions Manager Jim O'Connor and his team, Eva-Linn, Csaba and Jonathan wish you a

warm welcome aboard. The Shore Excursions Desk is located next to the Reception Desk in the Crystal Plaza, Crystal Deck 5 Midship, and is open today from 12 Noon to 7:00pm.

We have many exciting ports of call this cruise. Stop by and see us at the Shore Excursions Desk as we have an array of excursions available.

Crystal Adventures Channel 31

Pre-recorded presentations play continuously today, featuring tours available this cruise.

Important Information

- After booking, your Crystal Adventures Shore Excursions tickets are delivered to the mail clip outside your stateroom door.
- Please check your tour vouchers for exact departure time and meeting location.
- If you are traveling as part of a group with family and/or friends, please advise us at the time of booking.
- If making changes to tours, please bring your tickets with you to the Shore Excursions Desk.
- **Please check the top of your tour ticket for departure time and place.**

Pre-Registered Tickets

All guests who have pre-registered shore excursions will receive their tickets this evening. Should you not receive your tickets, please contact the Shore Excursions Desk. For details regarding the cancellation of excursions, please refer to the general conditions in your Crystal Adventures Shore Excursions book.

Visitors in our Upcoming Ports

Visitor Authorization Forms are available at the Reception Desk, Crystal Deck 5. Some restrictions apply. We regret that no visitors are allowed on board during disembarkation day. If you wish to have visitors on board for lunch or dinner, please contact our maître d'hôtel; the cost will then be applied to your onboard account. All visitor requests must be turned into the Reception Desk no later than 5 business days prior to arrival in the port you would like to have visitors aboard Crystal Symphony. Kindly note that guests will be charged a \$12 per visitor fee. Visitors will be able to order from our All Inclusive drink lists.

Internet Service

While traveling with Crystal Cruises, you can still be connected to the world via the Internet. We offer four plans for using the Internet while on board – "Pay as You Go" at \$0.74/minute, \$50 for 120 minutes (2 hours), \$200 for 600 minutes (10 hours), or \$300 for 1,500 minutes (25 hours). These rates include unrestricted access from the CU@Sea computer lab, your stateroom (if using your own computer), or anywhere on the ship via wireless-capable laptop. Please see our CU@Sea Technology Concierges for further details about these services and before using handheld devices.

Onboard Plumbing

Although our toilet system on board is quite strong (you will notice by the flush), it is also very sensitive. In order to avoid clogging the system—which may cause the entire system to shut down—we ask that you please refrain from placing objects other than tissue (i.e. razors, sanitary items, hand towels, pantyhose, etc.) in the toilet.

Crystal TV Channels

Kindly note that we are in the process of establishing up a new satellite feed. For your convenience, a listing has been placed in your stateroom or penthouse for easy reference.

Channel 53 – TV Guide & Description of Today's Movies

Crystal Channels

- Channel 25 - The Voyage Channel
- Channel 26 - Daily Reflections Highlights
- Channel 27 - The Crystal Channel
- Channel 28 - Crystal Visions
- Channel 29 - Crystal Channel II
- Channel 30 - Crystal Services
- Channel 31 - Crystal Adventures
- Channel 32 - Sail Into the Future
- Channel 33 - The Crystal Travel Channel
- Channel 52 - View from the Bridge & Public Announcements
- Channel 54 - Crystal Moods Channel

Movie Channels

- Channel 34 - Laughs and Romance
- Channel 35 - Action, Drama and Suspense
- Channel 36 - The Destination Movie Channel
- Channel 51 - True Movies 1

News Channels

- Channel 37 - BBC World
- Channel 38 - SKY News
- Channel 39 - FOX News
- Channel 40 - MSNBC
- Channel 41 - CNBC
- Channel 43 - CNN
- Channel 44 - CCTV News
- Channel 45 - NHK World
- Channel 46 - Euro News

Variety Channels

- Channel 42 - SKY Sports News
- Channel 47 - Food Network
- Channel 48 - ESPN America
- Channel 49 - Sky Sports
- Channel 50 - CBS Drama

Traveling on Your Own? Try "Table for Eight"

Have you ever just wanted to experience our specialty restaurants on your own? If you are interested in dining at one of our specialty restaurants, but hesitate to make solo reservations, our innovative new "Table for Eight" is an ideal option for you to consider.

In keeping with our penchant to offer guests an abundance of choices, "Table for Eight" was specifically designed to provide independent travelers with the opportunity to dine at a community table. On select evenings during the cruise, a no-host Table for Eight is reserved in our specialty restaurants—Silk Road or Prego. Here, with a shared passion for culinary discoveries and world travel, stories are shared and new friendships made.

Any guest may make a solo reservation and participate in this delightful dining experience. Simply contact the **Specialty Restaurants Maître d' Paolo Alario** during the first day or two of your cruise, and a reservation will be made for you. Sign up is on a first-come, first-served basis, so get your name in early.

We encourage you to take advantage of this unique opportunity and enjoy a lovely meal seasoned with the camaraderie of new friendship.

This cruise, "Table for Eight" is dining in **Silk Road on September 11** at 6:00pm and **Prego on September 14** at 6:00pm.



CRYSTAL CASINO

Games of Chance

Only those guests who are 21 years of age or older are permitted to participate in any monetary-based Games of Chance (i.e. Bingo, gambling in the casino, etc.).

Guests must be at least 21 years of age to enter Crystal Casino. Guests under the age of 21 may accompany appropriate-aged guests to Bingo, however they may not actively participate. With regards to Bingo, no one under the age of 21 will be allowed to purchase a Bingo card and play. In addition, no prizes will be paid out to anyone under the age of 21 years. Thank you for your cooperation.

Smoking Policy

At Crystal Cruises, we recognize that some of our guests smoke and others do not. Therefore, the living environment on our ships is designed to satisfy everyone. Most areas of the ship are non-smoking, including stateroom and penthouse verandahs, corridors and landing areas. There are designated smoking and non-smoking tables in some bars and lounges (except Palm Court, The Bistro, inside the Lido Café, Crystal Dining Room, Prego, Silk Road and The Sushi Bar restaurants, the Galaxy Lounge and Starlite Club, which are entirely smoke-free). Pipes and cigars are permitted only in the Connoisseur Club, and on the "open decks," except all areas of Lido Deck 11.

Pipes and cigars may not be smoked in guest penthouses, staterooms, on verandahs or in corridors. Crystal Cruises kindly asks its guests to observe the non-smoking areas, which have been created for the comfort and enjoyment of everyone on board.

SHOPPING ON BOARD

Avenue of the Stars Boutiques

Welcome aboard from Ella Kovacs and her team. We cordially invite you to visit Crystal Symphony's boutiques, conveniently located on Tiffany Deck 6 midship.

Stop into **Crystal Collection** to see our range of fragrances, costume jewelry and designer accessories by Chopard and MCM. In **Facets** you'll discover a beautiful and unique collection of fine jewelry and designer watches. **Apropos** offers formal, logo and casual apparel, plus all your sundry needs can be found in our logo section.

A Word About Purchasing Jewelry:

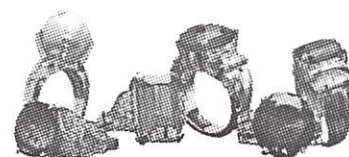
Crystal Cruises is pleased to present a very special collection of jewelry from around the world showcased for you in Facets Fine Jewelry store.

We invite you to shop on board with the utmost confidence that you will receive Six-Star quality service and jewelry from renowned and trusted designers.

Our goal is to assist you in finding the perfect piece that will bring back fond memories of your Crystal cruise. We invite you to stop by during your cruise and shop at your leisure with our qualified onboard jeweler.

Crystal Cruises proudly gives you the most attentive service on the high seas.

Welcome aboard!





Dover, England Arrival Information

Crystal Symphony is docked at the Dover Cruise Terminal 1.

When going ashore, please remember to carry your **Guest Identification Card** with you as you must show it to the officer at the gangway when leaving and re-boarding Crystal Symphony.

A complimentary shuttle service is in operation throughout the day in Dover, as follows:

From the pier at 10:00am, 10:30am, 11:00am, 11:30am, 12 Noon, 1:00pm, 1:30pm, 2:30pm, 3:00pm and 3:30pm.

From town at 10:30am, 11:00am, 11:30am, 12 Noon, 12:30pm, 1:30pm, 2:00pm, 3:00pm, 3:30pm and 4:00pm. The drop off location in the city is at the Market Square. Last return back to the ship is 4:00pm. Please note driving time is approximately 10 minutes each way.

It is about a 20-minute walk from the pier into the center of Dover. Taxis are available on the pier and the cost into town is approximately 5 British Pounds or \$10. The fare to the train station is approximately 8 British Pounds, or \$15.

The unit of currency in England is the British Pound. The current rate of exchange is approximately US\$1.00 = 0.64 GBP.

Crystal Symphony sails for Dublin, Ireland, at 6:00pm. Please be back on board by 5:30pm.

Captain Ralf Zander and the Crystal Family wish a...

Happy Birthday to:

Mrs. Joan Nardy Tanner

Mr. James Walters

Best Wishes!

A Message About Safety from Captain Ralf Zander

In order for you to become familiarized with your Lifeboat Station, a Emergency Muster is scheduled for today, Wednesday, September 5, at 5:00pm, for all guests. Attendance is mandatory.

Emergency Muster

The General Emergency Alarm – seven short and one long signal – will be given by the ship's alarm bells. When you hear this signal, proceed to your assigned **Lifeboat Station** on Promenade Deck 7, wearing your lifejacket.

Your assigned Lifeboat Station is indicated on or next to your stateroom door. This sign also has instructions on how to put on your lifejacket, which is located in the closet. In an actual emergency, the crew assembles at Emergency Stations throughout the ship to assist and direct you. In case of a total blackout, or if the corridors and staircases are filled with smoke, please follow the strip lighting at floor level to the nearest exit.

If you are in one of the public rooms when the emergency alarm sounds, proceed directly to your lifeboat station. Lifejackets and other necessary supplies will be distributed to you there.

When wearing your lifejacket, please make sure that the two buckles are properly secured and tighten the belt around your back. The light will activate automatically upon contact with water, and the whistle is to be used to attract the attention of rescue personnel.

Fire On Board

Fire is an extremely serious hazard on board, and we ask everyone to be very conscious about it. Due to the fire hazard, the use of candles, irons etc. is strictly forbidden in your stateroom. **DO NOT SMOKE IN BED!** Never throw lit cigarettes or cigars over the side of the ship; the draft caused by the ship's speed can easily draw lit embers back on board and start a fire. If you smoke in your stateroom, please be sure that all smoking materials are extinguished before emptying ashtrays into trash cans. Smoking is prohibited on stateroom and penthouse verandahs. If you should detect smoke or fire, push the nearest fire alarm button, and/or dial the Emergency Number **3333** and notify the nearest crew member. Please also be aware that an audible alarm is installed in your stateroom; this alarm will also sound on the Bridge. If this alarm sounds, stay calm and in case of fire, leave the stateroom and close the door behind you. Assistance will be on its way immediately.

General Safety Tips

Please exercise caution and sound judgment at all times, whether on board or ashore. Please also observe that like other cruise ships, Crystal Symphony is designed with higher door sills than what you are used to on land. There is a height difference between your bathroom and your stateroom floor. Therefore, please be careful when going through doors, or when stepping in and out of the bathroom.

Always hold on to handrails when walking on steps, stairways or gangways and be extra careful when walking on wet decks and when going through exit doors, especially in windy conditions.

Again, welcome aboard Crystal Symphony. Please have a safe and comfortable cruise.

Captain Ralf Zander

Master, Crystal Symphony

Information about Gastrointestinal Illness (GI Illness) and its Prevention

Dear Guests:

As many of you may know, there has been discussion from time to time about gastrointestinal illness (GI illness) and its most common cause, norovirus, also known as Norwalk-like Virus, and cruise ships. This illness occurs world-wide and is second only to the common cold in occurrence. Because of this, individuals with symptoms or having had recent bouts of GI illness may likely be included in a group embarking on board.

At present, we have no reason to believe there is an unusual level of GI illness onboard. However, to minimize the potential for transmission of GI illness to our guests, we maintain a very high standard of sanitation and introduce even higher levels of sanitation practices when we suspect cases might exist on board.

The key to controlling any potential outbreak is to identify anyone who has GI illness symptoms as quickly as possible. Therefore, if at anytime during the cruise you experience symptoms such as stomach pain, cramps, vomiting, fever, nausea, body aches or diarrhea please report to the medical center immediately.

While not life-threatening, GI illness is easily transmittable, and can be uncomfortable. It typically runs its course in 24 to 48 hours.

Some of the practices we follow in order to minimize the potential for the spread of GI illness are:

- Persons with symptoms or having had direct contact with persons with symptoms will be isolated until the medical officer deems it safe to return to shipboard activities.
- Frequently touched surfaces, such as elevator buttons and hand rails, will be sanitized often.
- Disinfection of staterooms and public areas will occur often.
- Self-service food handling by guests for ice cream, bar snacks and canapés as well as self-service in The Bistro and Lido buffet may be temporarily suspended.
- Officers, Staff and Crew must refrain from shaking hands.

Action that you can take to minimize your risk of becoming ill or spreading it to others includes:

- In each port, please use the hand sanitizer dispenser before boarding the ship and whenever one is located within the ship.
- Please wash hands with soap and water frequently.
- Avoid close contact with individuals whom you know have symptoms.
- Refrain from shaking hands.

Further, while I am very much looking forward to meeting all of you at my Welcome Aboard and Farewell parties, for the above reasons I must refrain from shaking hands in the receiving line. I thank you for your cooperation and understanding. All of us at Crystal Cruises wish you a most delightful and healthy cruise vacation.

Sincerely,



Captain Ralf Zander
Master Crystal Symphony

Ship's Medical Center (Phone 9911)

Crystal Symphony's onboard medical staff consists of a doctor and three nurses. At least one nurse is on board at all times. Daily office hours are from 8:00am to 12 Noon and 2:00pm to 6:00pm. Doctor's consultation hours are 9:00am to 10:00am and 5:00pm to 6:00pm.

Medical attention (24 hours): dial 9911, wait for the second message, then follow the instructions to page the nurse.

In extreme emergency call 3333.

Please note there is a regular consultation fee; consultations outside the doctor's office hours and stateroom calls are subject to an additional charge. Special examinations and/or treatment procedures are charged separately, as is medication.

The Medical Center is located on Crystal Deck 5 (starboard corridor, just forward of the Reception Desk), accessible by taking the forward stairs or elevators.

Physically Challenged Guests

The alarm system throughout the ship gives audible warnings. **If you are deaf, hard of hearing, or have any other physical disability, please contact the Reception Desk** so that, in an emergency, we're aware of your special needs.

For physically challenged guests requiring Crystal Cruise Sales or Crystal Society information please call 3863 or 3870 respectively to arrange assistance.

Needle Containers

Guests who need to self-administer injections for health purposes should contact your stewardess. For your convenience and safety, she will provide a sharps container to ensure the safe disposal of the used syringes/needles.



Good Afternoon

12 Noon	Embarkation commences. On behalf of Captain Ralf Zander, Hotel Director Josef Matt, Cruise Director Paul McFarland and the officers, staff and crew of Crystal Symphony, we welcome you aboard for this "Icelandic Adventure" cruise.		
12 Noon – 12:45pm	The Ginger String Quartet serenades for your listening pleasure.	Crystal Cove	5
12 Noon – 5:00pm & 7:30pm – 11:00pm	The Library is open to check out books, DVDs and CDs. Sign up for Berlitz Language classes.	Library	6
12:45pm – 1:45pm	Sam Johnson plays the Crystal Piano for your listening pleasure.	Crystal Cove	5
1:00pm – 8:00pm	Salon Open House. Find out about all the excellent treatments we have available. Please stop by the Crystal Spa to make appointments. Spa tours available from 1:00pm to 8:00pm. The formal nights this cruise are September 6, 13 & 17	Crystal Salon & Spa	12
1:45pm – 2:30pm	The Ginger String Quartet serenades for your listening pleasure.	Crystal Cove	5
2:00pm	Movie: Big Miracle. In a small town in Alaska, a news reporter recruits his ex-girlfriend – a Greenpeace volunteer – on a campaign to save a family of gray whales trapped by rapidly forming ice in the Arctic Circle. Rated PG; 1:47.	Hollywood Theatre	6
2:00pm – 8:00pm	Paddle Tennis (Wimbledon Court, Deck 12), Table Tennis (Horizon Deck 8 Aft), Shuffleboard (Promenade Deck 7 Aft) and Quoits are available for open-play.		
2:00pm – 8:00pm	Acupuncture Open House – Tongue and Pulse Diagnosis in the...	Crystal Spa	12
2:30pm – 3:30pm	Brian Donnelly plays the Crystal Piano for your listening pleasure.	Crystal Cove	5
3:00pm	Guests may proceed to their staterooms as they are ready for occupancy.		
3:30pm – 4:30pm	Fitness Center Orientation. The Fitness Directors are available to answer questions regarding the fitness equipment and book private training sessions.	Fitness Center	12
3:30pm – 4:30pm	Mark Farris plays the Crystal Piano for your listening pleasure.	Crystal Cove	5
3:30pm – 4:30pm	Crystal Afternoon Tea Time serenaded by the Ginger String Quartet.	Palm Court	11
4:00pm	Extreme Make Over: Crystal Symphony's 2012 Hamburg Drydock. (39 minutes)	Hollywood Theatre	6
5:00pm	Mandatory Guest Emergency Muster. All guests are required to muster at their assigned lifeboat stations. Please listen to the ship's P.A. system for announcements.	Deck 7	
5:30pm	All guests on board, please.		
6:00pm	Crystal Symphony sails for Dublin, Ireland.		

"Icelandic Adventure" Cruise Itinerary

Day	Date	Port	Port Times	Dress Code	Evening Entertainment	Crystal Dining Room Dinner	
Wed	Sept 5	Dover	Depart: 6:00pm	Casual	Welcome Aboard Show	Bon Voyage Dinner	
Thur	Sept 6	At Sea	Cruising	Formal	<i>Standing Room Only</i>	Captain's Welcome Dinner#	
Fri	Sept 7	Dublin	6:30am – 6:00pm	Casual	*Headline Showtime	Dinner	
Sat	Sept 8	At Sea	Cruising	Informal	Headline Showtime	Dinner	
Sun	Sept 9	At Sea	Cruising	Informal	*Route 66	French Dinner	
Mon	Sept 10	Akureyri	8:00am – 5:00pm	Casual	*Headline Showtime	Nordic Dinner#	
Tue	Sept 11	Reykjavik	Arrive: 1:00pm	Casual	*Headline Showtime	Dinner	
Wed	Sept 12	Reykjavik	Depart: 5:00pm	Casual	*Variety Showtime	Neptune Dinner	
Thur	Sept 13	At Sea	Cruising	Formal	<i>I Write The Songs</i>	Chef's Dinner	
Fri	Sept 14	At Sea	Cruising	Informal	Headline Showtime	Dinner	
Sat	Sept 15	At Sea	Cruising	Casual	*DIVA	Russian Dinner	
Sun	Sept 16	At Sea	Cruising	Informal	*Headline Showtime	Dinner#	
Mon	Sept 17	Halifax	8:00am – 5:00pm	Formal	<i>Curtain Call</i>	Captain's Farewell Dinner	
Tue	Sept 18	At Sea	Cruising	Casual	Variety Farewell Show	Dinner	
Wed	Sept 19	New York	D I S E M B A R K A T I O N				

* Pre-dinner show for late seating, after-dinner show for main seating
Also Casual Dining in the Lido Café

Itinerary, times, meals and shows are subject to change.

Evening Entertainment Choices

Tonight's Dress Code throughout the ship for the entire evening after 6:00pm: **CASUAL**
Blouse and pants, casual dress, or pantsuit for the ladies.
Polo shirts or open collar long/short sleeved shirts with slacks for the gentlemen.

Crystal Cove

Crystal Deck 5, Midship

Brian Donnelly plays the Crystal piano
5:15pm – 6:15pm, 7:45pm – 8:45pm
& 10:30pm – 11:30pm

The Ginger String Quartet
serenades with classical music
9:30pm – 10:30pm

Avenue Saloon

Tiffany Deck 6, Aft

6:45pm – 8:30pm • **Mark Farris** plays
your favorite requests in our cozy bar.

10:00pm – 1:00am • **Mark Farris** sings
& entertains at the piano. Come sing-
along, or just sit back and enjoy!

Palm Court

Lido Deck 11, Forward

Dance with the Crystal Sextet.

Join the Ambassador Hosts.

5:30pm – 6:15pm, 7:45pm – 8:30pm

Hollywood Theatre

Tiffany Deck 6, Forward

8:45pm & 10:30pm • **Movie: This Means War.** Two top
CIA operatives wage an epic battle against one another
after they discover they are dating the same woman. Rated:
PG-13; 1.38

LUXE

Tiffany Deck 6, Midship

Late Night Dancing

DJ Justice plays your
requests and more.

10:00pm – Late

Starlite Club

Tiffany Deck 6, Midship

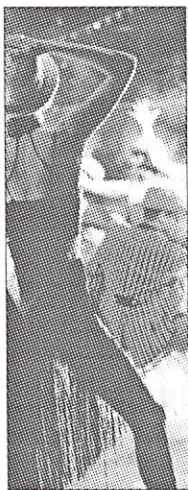
Dance the night away
with the **Crystal Sextet**
8:45pm – 12 Midnight

8:00pm – One Show Only • Galaxy Lounge

(30 minutes in duration)

Join Cruise Director Paul McFarland for

Welcome Aboard Showtime "A Taste of Things to Come"



Featuring **The Crystal Ensemble of Singers and Dancers**

opening with **"Gotta Dance"**

and closing with selections from **Grand Hotel**

With an appearance by

The Kent Dancers Adam Kent and Patricia Kent

Accompanied by **The Galaxy Orchestra** under the direction of **Harry Nijkamp**

Video/audio recording of this performance is strictly prohibited under international copyright law. For the safety of our performers, please refrain from the use of flash photography. Theatrical lighting and special effects, including strobes, smoke, haze and pyrotechnics may be used during this production. As a courtesy to fellow guests, please do not reserve seats. In order to maximize our guests' enjoyment of this evening's performance, beverage service is discontinued 10 minutes after the start of the performance.

Paul's Late Night Smile: Dear Lord, please make me the person my dog thinks I am.
For more smiles and chuckles, go to PaulMcFarland.com



Crystal Dining Room Seating Assignments

Crystal Dining Room Maître d'Hôtel **Mario Gallo** is available in the Bridge Lounge, Tiffany Deck 6 Aft, from **1:30pm to 5:45pm** for guests who have questions about their seating assignments. After 6:00pm, guests may see Mario in the Crystal Dining Room.

Specialty Restaurants

Crystal Cruises is pleased to offer you the choice of three additional fine dining options on Crystal Symphony. Prego celebrates the cuisine of Northern Italy. Silk Road features contemporary Asian cuisine by internationally celebrated chef Nobu Matsuhisa. The Sushi Bar offers Nobu's famed sushi recipes. Today, as it is the beginning of the cruise, we invite you to make up to one reservation in each of our two restaurants (The Sushi Bar is first-come, first-served). We would ask that if you wish to make more than one reservation in each restaurant, you contact our Specialty Restaurants Maître d' in a few days, as we would like to give all of our guests an equal chance to experience our specialty alternative restaurants during the cruise.

Prego and Silk Road Reservations

Specialty Restaurants Maître d' **Paolo Alario** is taking reservations for these alternative dining areas today from 1:30pm to 6:00pm in Prego, Tiffany Deck 6 Aft. Please note that Prego and Silk Road are both non-smoking restaurants.



The Sushi Bar **SILK ROAD**


The Vintage Room

A unique concept in wining and dining has been introduced on Crystal Symphony: **The Vintage Room**. Located between the Starlite Club and Silk Road on the port side of Tiffany Deck 6 Aft, The Vintage Room was created to promote wine education and the vast range of fine wine selections offered on board.

In addition to occasional daytime wine tastings and discussions in this beautiful room, guests may partake in a variety of wine "themed" dinners on any evening of their choice during the cruise.

By special arrangement with the Head Sommelier, private parties of up to 12 can be arranged so guests may enjoy this exclusively Crystal experience of pairing wine and food. Our Executive Chef pairs a selection of special culinary creations to enhance the qualities of each of the wines chosen. During the dinner, our expert Head Sommelier shares his/her knowledge of these extraordinary wines, offers complete tasting notes and explains the unique properties of the vintages with the various food courses presented.

If guests wish to plan an exclusive evening in the Vintage Room with family and friends, our Head Sommelier is happy to assist you in selecting your favorite wines.

There are special themes from which a wine connoisseur can choose, such as *A Wine Tour of Europe*, *Best Wines of Napa*, *The Italian Experience* or *New World and Old World Wine Comparisons*. Four or five wines are usually chosen, and appropriate food courses to enhance the wines are presented during the leisurely, entertaining and educational evenings in The Vintage Room.

There is a minimum charge of \$2,000 for these exclusive private dinners, which includes the reserve wines and gratuity.

For more information or to reserve your dinner in The Vintage Room, please contact Head Sommelier **Leonard de Vries** via the Reception Desk. À votre santé!

TaylorMade® Golf Program

TaylorMade is the official golf club of Crystal Cruises. Crystal is taking its golf program to a new level by offering these innovative clubs for use by its guests at the driving nets, at classes and clinics on board and as rental clubs in port.

TaylorMade clubs are available for use during daylight hours at the golf driving nets on Sun Deck 12 Forward. These practice clubs include basic woods, irons, wedges, and putters.

Rental Clubs

In addition to the clubs available at the nets, and those used by our Golf Pro for classes and clinics on selected cruises, Crystal Cruises also offers complete sets of clubs for rent to golfers who wish to take them ashore for a day of golf on a local course.

Available at the Concierge Desk on a first-come, first-served basis, complete sets of men's right handed and left handed clubs and women's right handed clubs can be rented for \$30 per set per day.

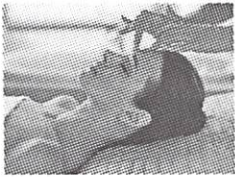
Our Concierges are also happy to arrange private golf outings at our various ports of call this cruise.

Daytime Dress Code

For your comfort and convenience, we would like to advise all guests that in accordance with Crystal Cruises' daytime dress code, bathrobes and swimming suits are not appropriate attire for the Crystal Dining Room, The Bistro, Lido Café or Afternoon Tea Time in the Palm Court. Thank you for your cooperation.

風 Welcome to the 水 Crystal Spa & Salon

Spa Demonstrations



Come visit us on Sun Deck 12 aft and view demonstrations of our Signature Treatments today, including Acupuncture, Barbering, our corrective body treatment – Ionithermie and our Elite Facials; just a few of our Spa and Salon offerings.

Spa Reservations may be made over the phone by calling #3875 or by visiting us on Deck 12.

Acupuncture Healing

The Crystal Spa wants everyone to experience the healing benefits of Acupuncture. Meet Spencer, our onboard licensed Acupuncturist.

Acupuncture Open House from 2:00pm – 8:00pm.

Tongue and Pulse Diagnosis: To the trained eye, a wealth of health information may be obtained including revealing early warning signs. You are invited to see how our skilled acupuncturist can help you discover imbalances, reasons for ailments, and help prevent disease. You will be amazed



Travelers Tension

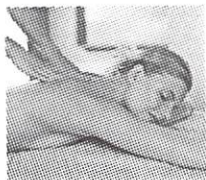
Start your cruise with pure indulgence and allow us to pamper you...
Back, Neck & Shoulder with Foot & Ankle Massage...\$119

Join our exclusive Spa Tours today between 1:00pm – 8:00pm.

Offers valid for services booked and received today only.

Looking for Professional Guide?

Come and talk to our Fitness Directors – 1 Hour Personal Training Session \$100



Shipboard credits may be used on all Spa and Salon services, gifts and products. For more information, please call 3875 or visit the Spa on Sun Deck 12 Aft. We suggest a 15% gratuity for Crystal Spa & Salon services, which may be added to your bill and charged to your shipboard account.

Public Announcements

In an effort to respect your privacy and solitude while on board, announcements are only broadcast into your staterooms in the case of extreme urgency or emergency. Please note that all announcements can be heard on the open decks, in public lounges and on Channel 52 of your stateroom television. The Captain gives navigation and weather updates every day at sea at 9:00am and upon arrival in each port of call, shortly after the ship has been cleared by the local authorities. Periodically throughout the cruise, navigation and weather information may be given, as well as occasional program highlights and points of interest en route.

USPH Advisory

Crystal Cruises consistently receives the highest scores from the United States Public Health service after inspections of our culinary operations. We are also keenly aware of our responsibility to inform our guests of specific advisories from USPH. Their most recent guidelines require us to advise you that any foods such as meat, seafood, shellfish, eggs, milk or poultry which you might order not thoroughly cooked to the required minimum temperature (to eliminate disease-causing organisms) can significantly increase risk for foodborne illness, especially if you have certain medical conditions.



MEET OUR CONCIERGES

Chief Concierge, Denise Martin

A native of sunny Southern California, Denise hails from the city of Irvine in the heart of Orange County. After completing high school, she moved north to the city of San Francisco where she graduated from San Francisco State University. Her career in the cruise industry began in 1994 at Royal Cruise Line where she worked as a Reservation Agent. In 1996, she joined Crystal Cruises' corporate office in Century City organizing shore excursions and writing shore excursion booklets for the Land Programs department. From there she moved on to On Board Guest Services. The allure of adventure



and the desire to see the world inspired Denise to continue her career on ships, and by March 2005 she worked in the Shore Excursions department on board the beloved Crystal Harmony. After two years, she assumed the challenge of Hotel Operations Assistant working with some of the most revered Hotel Directors, Food & Beverage Managers & other Hotel department heads at sea today. Denise brings with her a wealth of experience in her role as Chief Concierge and she is more than happy to assist guests make their cruising adventure an experience of a lifetime.

Concierge, Gareth Smith

Gareth was born on the beautiful South African North Coast in a small town, not far from the bustling port city of Durban. After completing his time at boarding school, Gareth left South Africa to spend a year abroad, living in Austria and travelling through Europe where he developed a taste for great food and warm hospitality, and an interest in pursuing a career in Hotel and Culinary management. Upon returning to South Africa he went to the International Hotel School where he found his passion in food and wine was nurtured and the opportunity for international travel presented itself again. After graduating from Hotel School and specializing in Food and Beverage service, Gareth joined Crystal Cruises, first in the Crystal Dining Room and then as a part of the Front Office Reception team. Now, as a Chief Concierge, he looks forward to meeting you and is excited to assist you in making your voyage on board the beautiful Crystal Symphony as memorable and relaxing as possible.



Our Concierges are happy to arrange private golf outings at our various ports of call this cruise.

In a cruise industry first, our concierges were the first cruise line concierges to be accepted into the Union Internationale des Concierges d'Hôtels and awarded the "Les Clefs d' Or," or keys of gold, the organization's prestigious symbols of guaranteed quality service. Our Chief Concierge wears the signature crossed gold keys on the lapels of his uniform. The UICH designation benefits our guests, as our Concierges may now call upon the local expertise and contacts of the affiliated concierges in various ports of call.

Redeeming Shipboard Spending Credits

Guests sailing with us often receive a shipboard spending credit or onboard gifts (truffles, wine, etc.) from their travel agents, from one of our Crystal Cruises travel partners such as American Express and Leading Hotels of the World, or through the Crystal Society Rewards Program. These credits are intended to enhance your cruise experience, giving you the opportunity to enjoy additional shipboard amenities and services.

You may also, sometimes, receive a shipboard spending credit directly to your shipboard account from friends, family members or your travel agent as a special "bon voyage" present. Crystal Cruises would like to clarify our policy regarding these credits and gifts.

Shipboard Spending Credits

Shipboard spending credits may be applied to any onboard purchases or services normally charged to your shipboard account. These include bar expenses (as well as wine), gift shop purchases, shore excursions, photographs and digital cameras, fine artwork, gratuities, laundry and dry cleaning, beauty salon or spa treatments.

Shipboard spending credits may not be redeemed for cash-related activities such as casino gaming and Bingo, and may not be applied to port charges, future cruise bookings or stateroom upgrades. Further, any credits not used during your cruise cannot be exchanged for cash or "held" on your account for a future cruise (with the exception of back-to-back sailings). Any unused shipboard spending credits expire at the conclusion of your voyage.

Onboard Gifts

Gifts you receive from our travel partners during your cruise, such as chocolate truffles and wine, may not be redeemed for cash. However, should you choose to return any of these gifts, the equivalent retail value will be applied to your onboard account as a shipboard spending credit, subject to the same provisions described above. Please note that flowers may not be returned for credit, as they are perishable items. Gifts from the Crystal Society may not be redeemed for cash or credit.

Welcome to Crystal Cruises' innovative...

COMPUTER UNIVERSITY @SEA

Welcome to the ever-growing world of services offered by Crystal Cruises' own Computer University@Sea. Founded in 1997 aboard Crystal Symphony, Computer University@Sea has gone from being the first full-service technology center on the seven seas, to the best in a sea of imitators. Computer University@Sea offers all of the basics of a well-equipped computing facility, plus many extras you've come to expect from Crystal Cruises.

The Computer University@Sea facility provides every guest with access to top-of-the-line computer, digital imaging and desktop publishing equipment, a complete selection of productivity and leisure software and full-time connectivity to the Internet. Computer University@Sea also provides an exclusive Crystal Symphony e-mail address for those guests who either do not have access to a personal e-mail account, or who prefer to add a special touch to their correspondence with their business partners and loved ones on land. Keyboards are available for the vision-impaired.

For those guests who enjoy a more private environment in which to conduct their business, Computer University@Sea can configure personal computers or, for a nominal fee, we can provide pre-configured equipment to take advantage of the ship's network services from the privacy of your own stateroom.

In addition to the fee-based communication and publishing services that Computer University@Sea offers, you will find an abundance of free services that help make your experience on board unique to Crystal Cruises.

Computer University@Sea has worked with industry veterans over the past several years developing a comprehensive curriculum. Classes cover topics ranging from beginning courses geared toward someone who has never had the chance to get comfortable with using a computer, to advanced application training that even veteran computer users can learn a thing or two from.

We are pleased to offer the service of our Technology Concierge, who is prepared to answer general questions about gadgets such as the iPod Nano, iPhone, Blackberry Bold, Kindle 2, Palm Treo Pro and Garmin Colorado 400C.

For all of the digital shutterbugs on board, Computer University@Sea's new curriculum maintains a special focus on classes on all aspects of digital imaging. And for those guests who aspire to something more than our regular curriculum, our Computer University@Sea instructor can design private lessons around your specific interests for a nominal fee. Computer University@Sea has recruited top computer industry professionals to assist you during your stay on board.

For this voyage, Computer University@Sea is pleased to welcome **Chip Adam** as our professional guest instructor. Throughout the coming days at sea they will lead classes, give lectures and make themselves available to every guest who would like an extra touch of personal attention in becoming comfortable with all of the technology options at his/her disposal.

The Technology Concierges in the CU@Sea are available from 7:00am until 11:00pm to ensure that every one of your computer needs are met in the incomparable Crystal Cruises style.

Come by Computer University@Sea, located on Tiffany Deck 6 Aft, and meet the staff to enroll in one of the many complimentary classes, to learn how to access your Crystal e-mail account and the Internet, to sign up for the Flat-Rate Internet Package or to have your computer configured for stateroom access.

Crystal Cruises' Computer University@Sea

Crystal Cruises is pleased to provide you with satellite Internet access during your cruise. At this time, we would like to provide some guidance and information that, we hope, is helpful to you while using the Internet on board Crystal Symphony.

The only method of providing Internet access while at sea is through satellite communication. Such communication between the ship and earth, via commercial satellite, must travel a distance of over 90,000 miles. Additionally, the satellite dish aboard the ship must have a clear "line-of-sight" to the satellites orbiting earth.

Although Crystal Cruises utilizes state-of-the-art equipment, inherent factors such as the great distances involved, atmospheric conditions, ship's position, and the nearby presence of tall mountain ranges can all greatly affect your online experience.

For these reasons, we ask you to keep the following things in mind when utilizing our Internet services on board:

- Please bring your handheld devices to CU@Sea for configuration.
- Internet access is significantly slower than what you would experience on land.
- Although every effort is made to maintain a link 100% of the time, satellite communications may be intermittent.
- Unused minutes are not refundable.
- To provide the best service possible to all of our guests, we filter Internet content. For this reason, not all websites and services are accessible through Internet service on board. Please contact CU@Sea for further details.
- Due to bandwidth limitations on board, Voice Over IP programs are not supported on board.



Crystal Cruises Creative Learning Institute



**Engaging
Enriching
Enhancing**

The **Crystal Cruises Creative Learning Institute**, "CLI," brings out the best in you – by bringing you the best instruction available at sea. The Institute expands upon Crystal's commitment to enrich the body, mind and spirit by extending new opportunities for personal growth.

Featured on this cruise are:

- **Berlitz Language Classes (Spanish)**
- **Computer University@Sea Classes**
- **USC Digital Filmmaking Classes**
- **Fitness Classes**
- **Nordic Walking Poles**
- **Odyssey Art at Sea Classes**
- **TaylorMade® Golf Classes**
- **Walk On Water**

If you're interested in participating in the Digital Filmmaking, Berlitz Language, TaylorMade® Golf or Odyssey Art at Sea, join us for a class orientation and registration on Thursday, September 6, in the Bridge Lounge from 9:00am to 9:45am

Registration is required for the Berlitz classes; you may do so at any time in the Library, *space permitting*.

Each class and workshop is designed to further your knowledge in an entertaining and interactive format.

Registration for USC Digital Filmmaking and CU@Sea classes takes place at CU@Sea, Tiffany Deck 6, throughout the duration of the cruise.

Identification/ Key Card

At check-in you were issued your Guest Identification/Key Card. Be sure to carry this card with you at all times. It is necessary to have it available at the gangway every time you leave and return to the ship, as it is scanned by Crystal Symphony's security system.

Upon request, your Key Card must also be presented when making purchases on board, in order to ensure correct posting to your onboard account.

To open your stateroom door, insert the card into the door lock, front end (bow) of the ship first. Remove the card, and when the green light comes on, open the door latch.

Valuables

For your security, each stateroom and penthouse is equipped with a personal safe for small valuables that you may like to keep handy. Because you must assume full responsibility for items kept in your stateroom, we recommend that items of special value be placed in the complimentary safe deposit boxes at the Reception Desk, Crystal Deck 5.

Payment for Purchases on Board

For your convenience, there is a "charge only" system on board. Simply sign vouchers for all purchases and services. The charges are placed on your account and billed to you at the end of the cruise. Cash, travelers checks, American Express®, MasterCard®, VISA®, Diners Club®, Discover®, or personal checks in U.S. currency (up to \$4,000 per person per cruise) are accepted for payment.

Your name and account number (5 digits = stateroom number + personal suffix) are printed on the check by the cash register. We request that each guest verify that the name and account number are correct before signing each bar bill/sales check, as the charge will be posted directly to your onboard account.

Crystal Photo Shop Welcome aboard from your friendly Photo Team!

The Crystal Photo Shop features state-of-the-art photo-finishing equipment, and we are delighted to offer the following photo finishing services:

- **Professional Portraits and Activities Photos**
Professional portrait studios are open on all Formal Evenings as well as some Informal nights. Also keep your smile on when you leave the ship in every port... we may be waiting for you!
- **Digital Downloading to CD or DVD.**
- **Prints from all Digital Media**
- **Battery charging facilities.**

We offer a large selection of digital cameras, batteries, albums and digital frames available. Why not have your photos transferred to CD for use on your home computer? See our friendly photo staff for details.

The Crystal Photo Shop is located on Tiffany Deck 6



Wednesday's Dining Hours

Breakfast Luncheon

Crystal Dining Room, Crystal Deck 5 Midship

Luncheon

Ice Cream Bar, Lido Deck 11 Midship

Trident Grill, Lido Deck 11 Midship

Open for hamburgers, cheeseburgers, wraps and snacks

The Bistro, Tiffany Deck 6 Midship

Bistro Snacks, Tarts and Pastries

Palm Court, Lido Deck 11 Forward

Crystal Afternoon Tea Time

Casual Night

12 Noon – 1:30pm

12 Noon – 6:00pm

12 Noon – 6:00pm

9:00am – 8:00pm

3:30pm – 4:30pm

Avenue of the Stars Boutiques:

Apropos, Crystal Collection and Facets

The advantages of shopping on board include no sales tax on all items. Shops are open from sailing until 11:00pm.

Crystal Casino, Tiffany Deck 6 Forward

Crystal Casino follows Nevada State Gaming Regulations. Games are played with US dollars; some foreign currencies may be exchanged at the cage; see cashier for details. Minimum age is 21 years.

Slots: Open 7:00pm to 2:00am

Table Games: Open 8:00pm to 2:00am

Computer University@Sea, Tiffany Deck 6

Opens at 12 Noon today.

Concierge Desk, Crystal Deck 5 Midships

Available today from 12 Noon to 7:30pm.

Cruise Sales Consultant, Crystal Deck 5

Paula Jean Pfitzer is not at her desk today.

Please check the back of your *Reflections* daily for her desk hours.

Crystal Society Hostess, Crystal Deck 5

Crystal Society Hostess Jaque Brown is not at her desk today. Please check the back of your *Reflections* daily for her desk hours.

Crystal Spa & Salon, Sun Deck 12 Aft

Open today 2:00pm to 8:00pm. Appointments are available at your request until 10:00pm. A Hospitality Desk is available for appointments & advice in the Fitness Center, Sun Deck 12 Aft. Spa services available from 5:00pm.

Crystal Spa Fitness Center, Aerobics Studio & Weight Room, Sun Deck 12 Aft

Open 24 hours. Attendant is on duty 7:30am to 8:00pm. Declaration forms must be signed for use of treadmills. Fitness Directors Brian and Neil are available for complimentary consultations today; they are available for personal training throughout the cruise.

Library, Tiffany Deck 6 Midships

Open today from 12 Noon to 5:00pm and 7:30pm to 11:00pm. Check out books, DVDs and CDs for your enjoyment during the cruise.

Medical Center, Crystal Deck 5 Forward

Located just forward of Reception Desk on the starboard side. Open 8:00am to 12 Noon and 2:00pm to 6:00pm. **Doctor's Consultation Hours:** 9:00am to 10:00am; 5:00pm to 6:00pm. **Medical attention** (24 hours) dial 9911. In an extreme emergency call **3333**.

Photo Shop, Tiffany Deck 6. Photo services include camera sales and portrait sessions on all formal evenings. Closed today.

Shore Excursions Desk, Crystal Deck 5

Open from 12 Noon to 7:00pm.

Dinner

Crystal Dining Room, Crystal Deck 5 Midship

Bon Voyage Dinner (Assigned Seating – Main Seating)

6:00pm

(Guests on Main Seating are kindly requested to be seated within the first 15 minutes)

Bon Voyage Dinner (Assigned Seating – Late Seating)

8:30pm

Prego, Tiffany Deck 6 Aft (Italian Cuisine)

6:00pm – 10:00pm

Silk Road, Tiffany Deck 6 Aft (Asian Cuisine by Nobu Matsuhisa)

6:00pm – 10:00pm

The Sushi Bar, Tiffany Deck 6 Aft (Cuisine by Nobu Matsuhisa)

6:00pm – 10:00pm

The Bistro, Tiffany Deck 6 Midship

Petit Desserts and Cheeses

8:00pm – 11:00pm

Late Night Gourmet Snacks

Avenue Saloon, LUXE and Starlite Club

11:00pm – 12 Midnight

Reservations for Silk Road and Prego: For your convenience, reservations can be made for these specialty restaurants by dialing 3854 or 0 anytime. If you'd prefer to make reservations in person, Maître d' **Paolo Alario** is available in Prego, Tiffany Deck 6 Aft, today from 1:30pm to 6:00pm.

No reservations are required for **The Sushi Bar**; seating is based on a first-come, first-served basis.

Wednesday's Bar Hours

Avenue Saloon 5:00pm – Late

The Bistro 10:30am – 11:00pm

Connoisseur Club 5:00pm – Late

Crystal Cove 10:00am – 11:30pm

LUXE 10:00pm – Late

Palm Court 3:30pm – 10:00pm

Starlite Club 5:30pm – 12 Midnight

Trident Bar 12 Noon – 6:00pm



Today's Cocktail Suggestion

Mimosa
(a.k.a. Bucks Fizz)

Roederer Estate and Fresh Orange Juice.

Available in all our bars and lounges.

